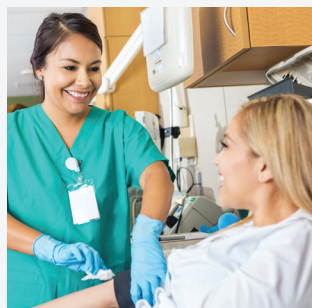


# Who can APPLY?

- People who don't have health care coverage
- People who are not eligible for Medi-Cal
- People who meet certain income and age requirements
- Los Angeles residents without immigration documents
- People who live in Los Angeles County



Find a clinic  
near you to  
**APPLY  
TODAY!**

See a doctor  
without worrying  
about your  
**immigration status**



Get the health care you need. Your information  
will be kept confidential.

**FOR MORE INFORMATION,  
TEXT THE WORD  
HEALTH TO 72237.**

**MY  
HEALTH  
LA**

Health Care at no cost to  
you and your family  
**Funded by Los Angeles County**





## What is MY HEALTH LA?

My Health LA is a Los Angeles County program that provides health care at no cost to low-income individuals who don't have health coverage and are not eligible for Medi-Cal.

### WHAT TYPE OF HEALTH CARE CAN I GET?

You can receive the following types of services AT NO COST at your local community health center:

- Routine treatment of illnesses
- Prevention of illnesses
- Testing for health issues
- Specialized care\*
- Limited dental care\*\*
- Prescribed medication
- Emergency room
- Urgent care
- Services while hospitalized

### NO MORE VISITS TO AN EMERGENCY ROOM FOR ROUTINE MEDICAL NEEDS

Avoid the long waits in the emergency room by enrolling in My Health LA. The program enables you to see the same doctor on a regular basis to receive better and more consistent care.

\* Some specialized care may be provided at DHS facilities.

\*\*Dental care is not a benefit of this program but some clinics may provide it.

## Immigration Documents Not Required

My Health LA is for people who don't have immigration documents, don't have health care coverage and are not eligible for Medi-Cal.

The clinics that serve you and Los Angeles County Department of Health Services will NOT share your personal information to immigration authorities.

Being part of My Health LA will NOT affect your immigration status. All information will be kept confidential.



## Meet Carmen, My Health LA recipient

Carmen is one of 140,000 people in Los Angeles County who are part of this program.

Carmen came to the U.S. 14 years ago as an undocumented immigrant and never saw a doctor for fear of getting deported. After being encouraged by her mother, she enrolled in My Health LA.

***"I have high blood pressure and with My Health LA, I saw a great doctor who really helped me. I tell all of my friends and family about My Health LA because it shouldn't matter where you are from or how much money you make to see a great doctor and get help."***

—Carmen, 57

**PLEASE TEXT THE WORD HEALTH  
to 72237 to APPLY TODAY.**